



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)

Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)

Palayamkottai – 627 002

**PROGRAMMES ORGANIZED IN THE
UBA SERVICE VILLAGE
MELAPUTHANERI**

CANCER AWARENESS PROGRAMME & SCREENING CAMP 26.09.2023



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REPORT

UNNAT BHRATH ABHIYAN

ORGANIZED AN CANCER AWARENESS TALK ON THE THEME

CLOSE THE CARE GAP

& A SCREENING CAMP ON 27.09.2023

RATIONALE:

Cancer is a disease in which some of the body's cells grow uncontrollably and spread to other parts of the body. Cancer can start almost anywhere in the human body, which is made up of trillions of cells. Normally, human cells grow and multiply to form new cells as the body needs them. When cells grow old or become damaged, they die, and new cells take their place. Sometimes this orderly process breaks down, and abnormal or damaged cells grow and multiply when they shouldn't. These cells may form tumors, which are lumps of tissue. Cancerous tumors spread into, or invade, nearby tissues and can travel to distant places in the body to form new tumors.

REPORT:

Unnat Bharath Abhiyan of St. Ignatius College of Education organized a cancer awareness programme on the theme, "Close the Care Gap" on 27.09.2023, for the UBA village people in Paraikulam Village, in collaboration with Nellai Cancer Care Centre, Tirunelveli. Dr. M. Abirami, Medical Officer, Nellai Cancer Care Centre, Palayamkottai, Tirunelveli was the resource person. Dr. Abirami explained the nature of the disease, how does it develop, fundamentals of cancer, types of genes that cause cancer, when it spreads, types of cancer, how to diagnose the lumps and tumors and the treatment for cancer. Dr. Abirami with her medical assistants conducted a screening camp for the village people.

OUTCOME:

Sixty-nine women and four men attended the screening camp. Two men and one woman suspected for lung cancer. For twenty-seven women, Pap taken for cervical cancer. Six women found high risk of breast cancer. And three found positive.

ORGANIZING SECRETARIES:

1. Dr. S. Josephine

Director of Physical Education

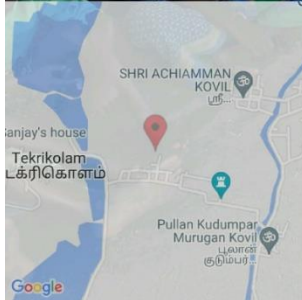
Josephine S

2. Dr. V. Lavanya

Assistant Professor of Education

V. Lavanya

Sr. S. Varadharaj
PRINCIPAL
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(AUTONOMOUS)
PALAYAMKOTTAI - 627 009



PR98+CMG, Melaputhaneri, Tirunelveli, Tamil Nadu 627351, India

Melaputhaneri

Tamil Nadu

India

2023-09-27(Wed) 11:05(a.m.)



34°C

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सत्यमेव जयते

Ministry of Education
Government of India



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Under the Scheme of

UNNAT BHARAT ABHIYAN

Organizes Cancer Awareness talk on the theme

CLOSE THE CARE GAP

Resource Person

DR. M. ABIRAMI, BSMS
Medical Officer,
Nellai Cancer Care Centre
Palayamkottai

VENUE: PARAIKULAM

DATE: 27.09.2023

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine,
Director of Physical Education

Dr. V. Lavanya
Assistant Professor of Education



WASTE WOOD CRAFT TRAINING FROM 25.11.23 – 14.12.23



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REPORT OF THE WASTE WOOD CRAFT TRAINING PROGRAMME IN UBA SERVICE VILLAGE PARAIKULAM FROM 25.11.2023 TO 14.12.2023

RATIONALE:

The waste wood craft training programme for village women, spanning a duration of 20 days aimed to address several key issues within the community while empowering women with valuable skills and fostering sustainable practices. This empowerment is crucial for fostering economic independence and self-sufficiency among women in the community. By involving women in meaningful activities, it promotes a sense of community and cooperation. Engaging in creative activities has been shown to have positive effects on mental well-being. The waste wood craft training not only offers a source of income but also provides an outlet for expression and a means for women to develop new skills, contributing to their overall happiness and fulfilment.

REPORT:

Unnat Bharath Abhiyan of St. Ignatius College of Education, in collaboration with Khadi and Village Industries Commission, Madurai organized a Waste Wood Craft Training programme for the village women for twenty days from 25.11.2023 to 14.12.2023 in UBA service village, Paraikulam in Melaputhaneri Panchayat. The Inauguration programme was held on 25.11.2023 in the venue. Mr. S. Senthil kumar, Assistant Director, KVIC, (Ministry of MSME, Govt of India), Madurai inaugurated the function. Samiran Pakhira and Subrata Dhara, Master Craft Men, the trainers from West Bengal gave training on waste wood craft training to twenty village women for twenty days.

After the training programme, they have exhibited their craft works in the valedictory function held on 14.12.2023. Dr. S. Josephine, Director of Physical Education and UBA Coordinator, Mrs. S. Arockia Reena and Mrs. J. Rawoofu

Nisha, Assistant Professors of Mathematics and UBA members were the coordinators of the programme.

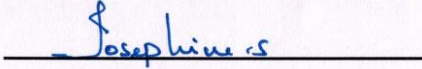
OUTCOME:

Twenty women got training on waste wood craft and produced many craft items like crane, fish, monkey, elephants, mobile stand, bangle stand, etc, painted them and exhibited all their products on the day of valediction on 14.12.2023. on behalf of KVIC Madurai, Mr. S. Senthil kumar, Assistant Director, KVIC, honoured the principal of the college, Rev. Sr. Dr. L. Vasanthi Medona with an award and expressed his gratitude towards our Institution for arranging this wonderful programme.

ORGANIZING SECRETARIES:

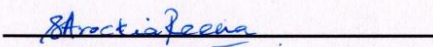
1. Dr. S. Josephine

Director of Physical Education



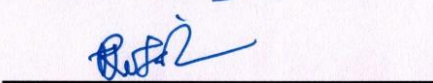
2. Mrs. S. Arockia Reena

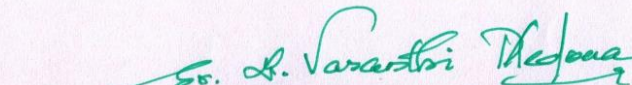
Assistant Professor of Mathematics



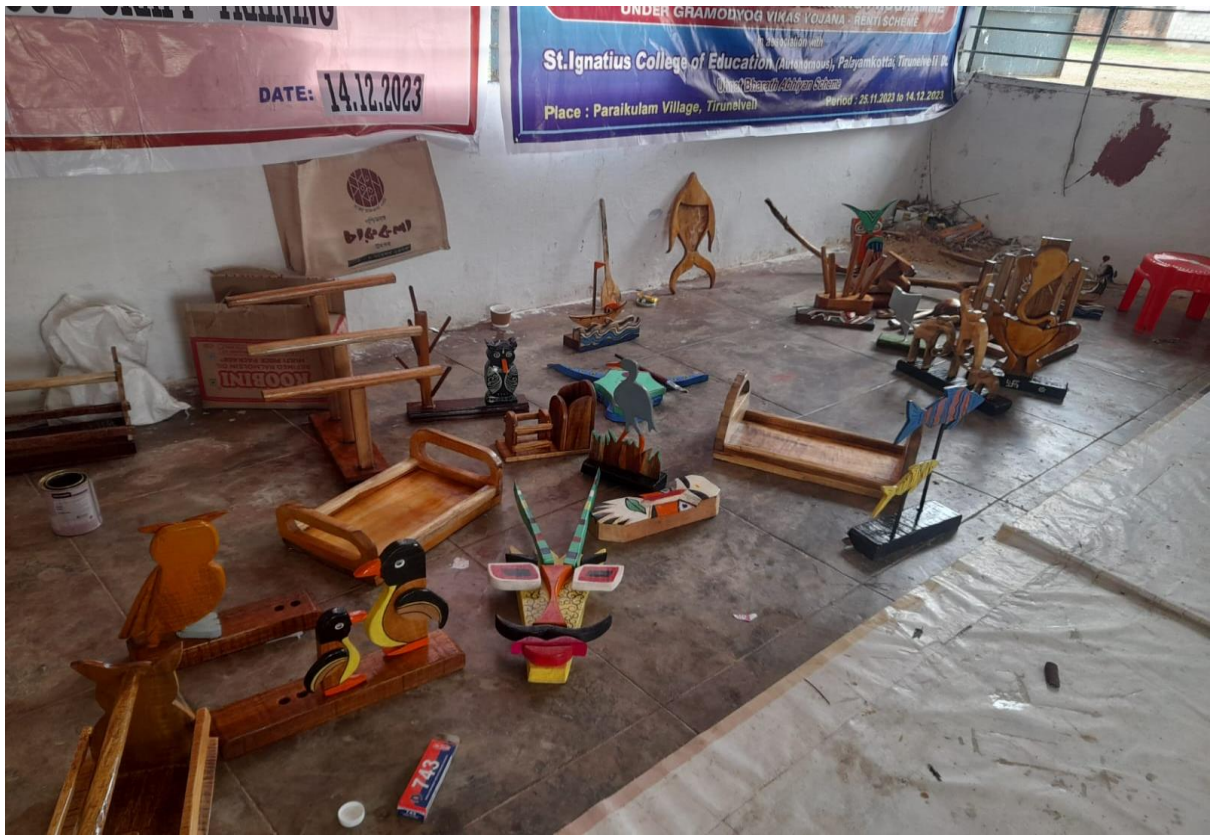
3. Mrs. J. Rawoofu Nisha

Assistant Professor of Mathematics




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VILLAGE VISIT IN ALL FIVE UBA SERVICE VILLAGES ON 13.12.2023



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REPORT OF THE HOUSEHOLD SURVEY IN UBA SERVICE VILLAGE PARAIKULAM ON 13.12.2023

RATIONALE:

The Ministry of Human Resource Development (MHRD) launched Unnat Bharat Ahiyaan (UBA) 2.0, which aims to bring a transformative change in rural development through the active participation of higher education institutes with rural communities and the reorientation of communities through research and development. It was launched in February 2018 by the Indian government. In June 2018, the University Grants Commission (UGC) established a Subject Expert Group (SEG) on Curricular Reforms and Educational Institutions Social Responsibility to help UBA 2.0 achieve its goals.

REPORT:

As part of UBA activities, the UBA Committee of St. Ignatius College of Education conducted Village Survey and Household Survey in the UBA service village Paraikulam in Melaputhaneri gram panchayat on 13.12.2023. With this regard, 39 prospective teachers along with the three UBA committee members visited the villages and taken Household Survey. The details regarding respondent's profile, general household information, family member information, migration status in a family, information of government schemes, source of water, source of energy and power, landholding information, agricultural inputs, agricultural produce in a normal year and livestock numbers were collected for Household Survey.

OUTCOME:

Based on the survey, the need of the village and the village people were analyzed and the report was submitted to the Regional Coordinating Institute, Unnat Bharath Abhiyan, Dindigul.

ORGANIZING SECRETARIES:

1. Josephine .s
2. R. Indira Mary
3. V. John

Sr. Sr. Vasanthi Theodora

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THE HOUSEHOLD SURVEY IN UBA SERVICE VILLAGE PARAİKULAM ON 13.12.2023



S.S. Sr. Vasanthi Theodora

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UNNAT BHARAT ABHIYAN

Organizes

HOUSEHOLD SURVEY

in the UBA Service village

MELAPUTHANERI

DATE: 13.12.2023

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Dr. R. Indra Mary Ezhilselvi
COE, Asst. Prof. of Psychology
& UBA Member

Mrs. V. Thanga Pushpam
Asst. Prof. of Education
& UBA Member

Dr. L. Vasanthi Medona

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**AN AWARENESS TALK ON THE THEME “SAY NO TO CORRUPTION;
COMMIT TO THE NATION” ON 01.11.2023**



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**REPORT OF AN AWARENESS TALK ON THE THEME “SAY NO TO
CORRUPTION; COMMIT TO THE NATION” ON 01.11.2023**

RATIONALE:

Vigilance awareness is crucial for several reasons, and it plays a significant role in maintaining the integrity, transparency, and efficiency of organizations and societies. It is essential for maintaining the integrity, transparency, and efficiency of organizations and societies. It helps prevent corruption, ensures accountability, protects public resources, and contributes to ethical behavior, legal compliance, and overall well-being. It is a fundamental component of good governance and a just and equitable society.

REPORT:

Unnat Bharath Abhiyan of St. Ignatius College of Education organized an awareness programme on the theme, “Say No to Corruption; Commit to the Nation” on 01.11.2023, for the UBA village people in Melaputhaneri Village, Palayamkottai Block, Tirunelveli District. Dr. A. Jeya Sudha, Vice Principal and Assistant Professor of History was the resource person. She explained the ways to prevent corruption at various levels of the society, including government agencies and non profit organizations, how vigilance awareness promotes transparency and accountability in organizations and how to protect public resources, promoting ethical behavior and efficiency and productivity.

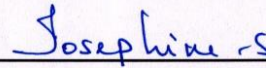
OUTCOME:

Thirty women attended the programme and they interacted with the resource person and asked their doubts regarding the practical difficulties in taking steps in the process of saying no to corruption. Dr. Jeya Sudha gave sufficient information to clear all their doubts.

ORGANIZING SECRETARIES

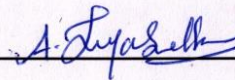
1. Dr. S. Josephine


UBA Coordinator



2. Dr. A. Jeya Sudha

UBA Member




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**AN AWARENESS TALK ON THE THEME “SAY NO TO CORRUPTION; COMMIT
TO THE NATION” ON 01.11.2023**



S. Vasanthi Medhara
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Government of India



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Under the Scheme of

UNNAT BHARAT ABHIYAN

Organizes Vigilance Awareness talk on the theme

SAY NO TO CORRUPTION; COMMIT TO THE NATION

Resource Person

DR. A. Jeya Sudha

Vice Principal & Assistant Professor of History
St. Ignatius College of Education
Palayamkottai

VENUE: MELAPUTHANERI

DATE: 01.11.2023

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine,
Director of Physical Education

Dr. A. Jeya Sudha
Vice Principal & Assistant Professor
of History

Sr. Dr. Vasanthi Medona
PRINCIPAL

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AN ORIENTATION PROGRAMME ON “EMPOWERING RURAL COMMUNITIES WITH GOVERNMENT SCHEMES” 17.02.2024



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AN ORIENTATION PROGRAMME ON “EMPOWERING RURAL COMMUNITIES WITH GOVERNMENT SCHEMES” ON 17.02.2024

RATIONALE:

Khadi and Village Industries Commission constituted as an apex body under the Ministry of Micro, Small and Medium Enterprises to help plan, promote, facilitate, organize and aid in the development of Khadi and Village Industries in rural India in conjunction with other agencies involved in rural development. The process of Implementation of schemes and programs starts at the Ministry of Micro, Small and Medium Enterprises which is the administrative head of the programs. The Ministry receives funds from the Government of India, and routes these to the Khadi and Village Industries Commission for the implementation of programs and schemes related to Khadi and Village Industries.

REPORT:


Unnat Bharath Abhiyan Committee of St. Ignatius College of Education organized an Orientation Programme on “Empowering Rural Communities with Government Schemes” on 17.02.2024 in Velankulam Village, Melaputhaneri Panchayat. Mr. R.P. Ashokan, Divisional Director, Khadi and Village Industries Commission, Madurai was the Chief Guest. Mr. S. Senthil Kumar, Assistant Director, Khadi and Village Industries Commission, Madurai and Mrs Jerina Bobby, Assistant Director, Branch MSME-DFO, Sidco Industrial Estate, Pettai, Tirunelveli, were the resource persons oriented the village people about the Government schemes and how to avail that benefits regarding KVIC and Micro, Small & Medium Enterprises.

OUTCOME:

64 People from Velankulam, Paraikulam and Pottalkulam villages from Melaputhaneri Panchayat attended the programme and clarified their doubts regarding Small Scale Business and benefited.

Organizing Secretaries

1. Josephine S
2. M. S. S.


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AN ORIENTATION PROGRAMME ON “EMPOWERING RURAL COMMUNITIES WITH GOVERNMENT SCHEMES” ON 17.02.2024



S. V. Vasanthi Nedona
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UNNAT BHARAT ABHIYAN

In Collaboration with

**KHADI & VILLAGE INDUSTRIES COMMISSION
DIVISIONAL OFFICE, MADURAI**

Organize an Orientation Programme on

**Empowering Rural Communities with
Government Schemes**

SCHEMES OF INDIAN GOVERNMENT

RESOURCE PERSONS

Mr. R.P. Ashokan

Divisional Director
Khadi & Village Industries Commission
(Ministry of MSME, Govt of India)
Madurai

Mr. S. Senthilkumar

Assistant Director
Khadi & Village Industries Commission
(Ministry of MSME, Govt of India)
Madurai

VENUE : Velankulam Village, Melaputhaneri Panchayat

DATE : 17.02.2024 @ 10.30 am

Organizing Committee

Rev. Sr. A. Gemma, ICM

Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM

Principal

Dr. S. Josephine

Director of Physical Education &
UBA Coordinator

Ms. M. Ponmalar

Asst. Prof. of Computer Science
& UBA Member

Dr. L. Vasanthi Medona
PRINCIPAL

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WORKSHOP ON “BREATHING PRACTICES ENHANCING WOMEN HEALTH” ON 27.03.2024



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REPORT ON WORKSHOP ON BREATHING PRACTICES ENHANCING WOMEN HEALTH ON 27.03.2024

RATIONALE:

By focusing on breathing techniques specifically tailored to address women's health concerns, such as stress management, hormonal balance, and reproductive health, the workshop aims to empower participants with practical tools to enhance their overall quality of life. Through interactive sessions and guided exercises, attendees will learn how to optimize their breathing patterns to alleviate symptoms of anxiety, improve sleep quality, and boost immune function. Additionally, the workshop provides a supportive space for women to share experiences, gain insights, and cultivate a deeper connection to their bodies and inner selves, fostering a sense of empowerment and resilience in navigating life's challenges.

REPORT:

Unnat Bharat Abhiyan Committee of St. Ignatius College of Education organized a workshop on “Breathing Practices Enhancing Women Health” for women in one of the UBA service villages, Paraikulam on 27.03.2024. Dr. S. Josephine, Director of Physical Education and UBA coordinator, St. Ignatius College of Education demonstrated six yoga breathing techniques, namely Meditative Pranayama, Yogic Pranayama, Nadisuthi Pranayama, Kabalpathy Pranayama, Sithali Pranayama and Ocean Breath Pranayama.

OUTCOME:

The workshop yielded positive outcomes for the women participants. The participants actively engaged in learning and practicing these techniques and gained valuable insights into the importance of proper breathing practices for enhancing physical and mental health.

Organizing Secretaries

Sri L. Vasanthi Medana *Josephine S*

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UNNAT BHARAT ABHIYAN

Under the Project RRGSA
organizes a workshop on

BREATHING PRACTICES ENHANCING WOMEN HEALTH

27.03.2024 @ 10.00 AM

PLACE: PARAIKULAM

INSTRUCTOR

DR. S. JOSEPHINE

Director of Physical Education & UBA Coordinator
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education &
UBA Coordinator

Mrs. M. Ponmalar
Assistant Professor of Comp. Sci
& UBA Member

THE HOUSE VISIT IN UBA SERVICE VILLAGE PARAİKULAM ON 06.03.2024



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THE HOUSE VISIT IN UBA SERVICE VILLAGE PARAİKULAM ON 06.03.2024

RATIONALE:

House visits in UBA service villages serve multiple purposes essential to the success of the programme. They enable a thorough assessment of the diverse needs present in each household, ranging from economic status to health concerns, fostering a tailored approach to assistance delivery. Additionally, these visits facilitate the establishment of trust and rapport between the faculty and students from Higher Educational Institution and the community members through personalized interactions. By identifying vulnerable groups within the community, such as the elderly or marginalized populations, UBA programmes can prioritize assistance effectively. Furthermore, house visits serve as a platform for education and awareness, empowering residents with knowledge about available resources and services.

REPORT:

As part of UBA activities, the UBA Committee of St. Ignatius College of Education under the project RRGSA, organized Household visit in the UBA service village Paraikulam in Melaputhaneri gram panchayat on 06.03.2024, as a part of Citizenship Training Camp. With this regard, 20 prospective teachers along with the two UBA committee members visited the villages for household visit. The students interacted with the village people and collected data regarding respondent's profile, general household information, family member information, migration status in a family, information of government schemes, source of water, source of energy and power, landholding information, agricultural inputs, agricultural produce in a normal year and livestock numbers.

OUTCOME:

The interaction between the prospective teachers and the villagers have facilitated a deeper understanding of the local community's needs, challenges, and aspirations. Furthermore, the engagement between the students and villagers likely fostered mutual learning and cultural exchange, promoting empathy, understanding, and community cohesion.


ORGANIZING SECRETARIES

1. Josephine.S
2. N. P. S.

Sr. A. Vasanthi Rajan

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 GPS Map Camera

Melaputhaneri, Tamil Nadu, India
PR8C+7JC Kilaputhaneri Bridge, Melaputhaneri, Tamil Nadu 627351, India
Lat 8.716138°
Long 77.821626°
06/03/24 11:18 AM GMT +05:30



Google



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UNNAT BHARAT ABHIYAN

Under the Project RRGSA

Organizes

HOUSEHOLD SURVEY

in the UBA Service village

PARAIKULAM

DATE: 06.03.2024

TIME: 10.00 AM TO 12.45 PM



Organizing Committee

Rev. Sr. A. Gemma, ICM

Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM

Principal

Dr. S. Josephine

Director of Physical Education
& UBA Coordinator

Mrs. R. Bhuvaneshwari

Assistant Professor of English

**AN AWARENESS TALK ON WATER CONSERVATION IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 06.03.2024**



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**AN AWARENESS TALK ON WATER CONSERVATION IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 06.03.2024**

RATIONALE:

Conducting an awareness talk on water conservation is pivotal for promoting sustainable development and tackling pressing environmental challenges within communities. Global water scarcity is escalating due to factors like population growth and climate change, underscoring the urgency of educating communities about water conservation practices. These talks aim to enlighten residents about responsible water usage, the detrimental effects of wasteful practices on the environment, and the necessity for collective efforts to safeguard water resources for future generations.

REPORT:

The UBA Committee of St. Ignatius College of Education, under the project RRGSA, organized an awareness talk on the theme “Water Conservation” in the UBA service village, Paraikulam, Melaputhaneri panchayat on 06.03.2024, as a part of Citizenship Training Camp. Ms.A.Jinustina and Ms. M.Abinaya Rithika, Prospective Teachers of St. Ignatius College of Education were the resource persons and the key topics covered included responsible water usage, the impact of wasteful practices on the environment, and the need for collective action to preserve water resources for future generations. Additionally, the talk emphasized the importance of community involvement in advocating for policies supporting sustainable water management and building resilience against water-related challenges. Overall, the event served as a catalyst for raising awareness, fostering community engagement, and inspiring action towards ensuring the long-term sustainability of water resources within the community.

OUTCOME:

The outcome of the awareness talk on water conservation demonstrated a significant step forward in promoting environmental stewardship and building resilience against water-related challenges within the community.

ORGANIZING SECRETARIES

1. Josephine .s
2. M.S. L

PRINCIPAL
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PALAYAMKOTTAI - 627 002



GPS Map Camera



Tirunelveli, Tamil Nadu, India
PR97+4R, Tirunelveli, Melaputhaneri, Tamil Nadu 627351, India
Lat 8.717962°
Long 77.814467°
06/03/24 12:30 PM GMT +05:30



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UNNAT BHARAT ABHIYAN

Under the Project RRGSA
organizes an awareness talk on

WATER CONSERVATION

06.03.2024 @ 01.30 PM

PLACE: THE PANCHAYAT UNION SCHOOL, PARAikulam

RESOURCE PERSONS

Ms. M.Abinaya Rithika & Ms. A.Jinustina

Prospective Teachers

St. Ignatius College of Education

Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. R. Bhuvaneshwari
Assistant Professor of English

**AN AWARENESS TALK ON ILL EFFECTS OF PLASTICS IN UBA SERVICE VILLAGE
PARAIKULAM ON 06.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**AN AWARENESS TALK ON ILL EFFECTS OF PLASTICS IN UBA SERVICE VILLAGE
PARAIKULAM ON 06.03.2024**

RATIONALE:

Organizing an awareness talk on the ill effects of plastics carries substantial rationale, especially in the context of environmental sustainability and public health. Plastics pose a significant threat to ecosystems, marine life, and human health due to their non-biodegradable nature and widespread use. By raising awareness about the adverse impacts of plastics, communities can better understand the urgency of reducing plastic consumption, minimizing plastic waste generation, and promoting alternatives.

REPORT:

The UBA Committee of St. Ignatius College of Education, under the project RRGSA, organized an awareness talk on the theme “Ill Effects of Plastics” in the UBA service village, Paraikulam, Melaputhaneri panchayat on 06.03.2024, as a part of Citizenship Training Camp. Ms. K.Anjutha and Ms. I.Gracelin, Prospective Teachers of St. Ignatius College of Education were the resource persons and they shed light on issues such as plastic pollution, microplastics in water bodies and food chains, and the detrimental effects of plastic on wildlife and habitats. Moreover, they highlight the connection between plastic pollution and global challenges like climate change and biodiversity loss, emphasizing the need for collective action to address this pressing issue. Through education and awareness, communities can make informed choices, adopt sustainable practices, advocate for policy changes, and drive initiatives towards a plastic-free future.

OUTCOME:

The outcomes of the awareness talk on the ill effects of plastics were profound, yielding tangible impacts within the community. There was a notable increase in awareness among participants regarding the environmental and health hazards associated with plastic usage and disposal. This heightened awareness translated into behavioural changes, with many individuals and households adopting strategies to reduce their plastic consumption and minimize plastic waste generation.

ORGANIZING SECRETARIES

1. Josephine.S
2. M. S. S. S.

PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002



Muruppanadukovilpattu, Tamil Nadu, India
PR9F+GR9, Muruppanadukovilpattu, Tamil Nadu 628252, India
Lat 8.718942°
Long 77.823327°
06/03/24 12:40 PM GMT +05:30



GPS Map Camera



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Affiliated to Tamilnadu Teachers Education University, Chennai
Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

UNDER THE PROJECT RRGSA

organizes an awareness talk on

ILL EFFECTS OF PLASTICS

DATE: 06.03.2024

TIME : 02.00 PM

RESOURCE PERSONS

: Ms. K.Anjutha

Prospective Teacher
St. Ignatius College of Education
Palayamkottai

: Ms. I.Gracelin

Prospective Teacher
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. R. Bhuvaneshwari
Assistant Professor of English

**A SKILL TRAINING SESSION ON MAKING OF PAPER BAG IN THE UBA SERVICE
VILLAGE PARAIKULAM ON 06.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**A SKILL TRAINING SESSION ON MAKING OF PAPER BAG IN THE UBA SERVICE
VILLAGE PARAIKULAM ON 06.03.2024**

RATIONALE:

Conducting a skill training session on paper bag making in the villages hold significant rationale aligned with the program's overarching objectives. This initiative not only offers community members an opportunity for livelihood diversification but also promotes environmental sustainability by encouraging the use of eco-friendly materials. By equipping participants with entrepreneurial skills, especially women and youth, the training session contributes to local economic development and empowerment, fostering more inclusive and resilient communities.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Paper Bag in UBA service village, Paraikulam, Melaputhaneri panchayat on 06.03.2024, as a part of Citizenship Training Camp. Ms. A.Jinustina and Ms.S.Vedha priscilla, Prospective Teachers of St. Ignatius College of Education were the resource persons and demonstrated the participants to make paper bag as part of its commitment to fostering sustainable livelihoods and environmental conservation within the community. The session aimed to equip community members, particularly children, with practical skills to generate income and promote eco-friendly practices. The training covered various aspects of paper bag production, including material selection, cutting, folding, and sealing techniques.

OUTCOME:

Participants enthusiastically engaged in hands-on activities, demonstrating their eagerness to learn and acquire new skills. The session emphasized the importance of using recycled materials and adopting sustainable practices to minimize environmental impact. Not only did the training offer participants an alternative source of income, but it also empowered them to contribute positively to environmental conservation efforts.

ORGANIZING SECRETARIES

1. Josephine S
2. H. S. S.

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(AUTONOMOUS)
PALAYAMKOTTAI - 627 002



GPS Map Camera



Tirunelveli, Tamil Nadu, India
PR97+4R, Tirunelveli, Melaputhaneri, Tamil Nadu 627351, India
Lat 8.717867°
Long 77.814543°
06/03/24 02:00 PM GMT +05:30



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Affiliated to Tamilnadu Teachers Education University, Chennai

Palayamkottai, Tirunelveli – 627 002

UNNAT BHARAT ABHIYAN

UNDER THE PROJECT RRGSA

organizes a Skill Training on

Making of Paper Bag



6 March 2024

Wednesday @ 3:30 PM

RESOURCE PERSONS

: Ms. A.Jinustina

Prospective Teacher

St. Ignatius College of Education

Palayamkottai

Ms. S.Vedha priscilla

Prospective Teacher

St. Ignatius College of Education

Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM

Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM

Principal

Dr. S. Josephine

Director of Physical Education
& UBA Coordinator

Mrs. R. Bhuvanewari

Assistant Professor of English

A SKILL TRAINING SESSION ON MAKING OF SILK THREAD JEWELLERY IN THE UBA SERVICE VILLAGE PARAIKULAM ON 06.03.2024



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

A SKILL TRAINING SESSION ON MAKING OF SILK THREAD JEWELLERY IN THE UBA SERVICE VILLAGE PARAIKULAM ON 06.03.2024

RATIONALE:

Silk thread jewellery making offers a valuable skill that can serve as a source of income generation and economic empowerment, especially for women and youth in communities. By equipping participants with the knowledge and techniques needed to create these jewellery pieces, the training session opens up opportunities for entrepreneurship and self-employment. Additionally, silk thread jewellery making promotes creativity and innovation, allowing individuals to express themselves artistically.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Silk Thread Jewellery in the UBA service village, Paraikulam, Melaputhaneri panchayat on 06.03.2024, as a part of Citizenship Training Camp. Ms. P.Joy clara and Ms. S.karthika, Prospective Teachers of St. Ignatius College of Education were the resource persons. The training commenced with an introduction to the tools, materials, and techniques involved in silk thread jewellery making. Participants were provided with hands-on demonstrations and guided through the process step by step. They learned various techniques including headwork, wrapping, and knotting to create a variety of jewellery pieces such as earrings and bracelets.

OUTCOME:

The session fostered an environment of creativity and innovation, encouraging participants to experiment with different colours, patterns, and designs. Participants actively engaged in the practical exercises, demonstrating enthusiasm and eagerness to learn new skills.

ORGANIZING SECRETARIES

1. Josephine -s
2. M. P. Lat

Ms. S. Vasanthi Deepu

PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002

75
Azadi Ka
Amrit Mahotsav



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)

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Palayamkottai, Tirunelveli – 627 002

UNNAT BHARAT ABHIYAN

UNDER THE PROJECT RRGSA

organizes a Skill Training on

Making of Silk Thread Jewellery



6 March 2024
Wednesday @ 2:30 PM

RESOURCE PERSONS

: Ms. P. Joy Clara

Prospective Teacher
St. Ignatius College of Education
Palayamkottai

Ms. S. Karthika

Prospective Teacher
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. R. Bhuvaneshwari
Assistant Professor of English

THE FREE EYE CAMP IN MELAPUTHANERI GRAM PANCHAYAT ON 07.03.2024



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

THE FREE EYE CAMP IN MELAPUTHANERI GRAM PANCHAYAT ON 07.03.2024

RATIONALE:

Organizing a free eye camp in a UBA service village holds profound significance in promoting community health and well-being. Such initiatives address critical disparities in healthcare access, particularly prevalent in rural and underserved areas where essential services like eye care may be lacking. By offering free screenings and treatments, the camp serves as a vital avenue for early detection and prevention of eye diseases, safeguarding individuals from vision impairments that could otherwise escalate without timely intervention. This proactive approach not only preserves vision but also enhances the overall quality of life for community members, enabling them to fully participate in various aspects of daily life, including education and economic activities.

REPORT:

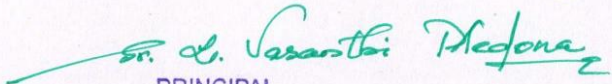
The UBA Committee of St. Ignatius College of Education under the project RRGSA, conducted Free Eye Camp in the UBA service gram panchayat, Melaputhaneri on 07.03.2024, at Melaputhaneri Panchayat Office, as a part of Citizenship Training Camp. Panchayat Secretary, Mr.Subramani, Mrs. Selvi, Makkal Nala Paniyalar attended the programme. Participants registered and underwent a preliminary screening process to assess their eye health needs. This included basic vision tests, eye pressure measurements, and assessment of any existing eye conditions or complaints. Qualified optometrists and ophthalmologists conducted detailed eye examinations for each participant. These examinations included refraction tests to determine the need for corrective eyewear, slit-lamp examinations to evaluate the health of the anterior eye structures, and fundus examinations to assess the condition of the retina and optic nerve. Based on the findings of the eye examinations, participants were diagnosed with specific eye conditions.

OUTCOME:

The outcome of the free eye camp demonstrated its significant contribution to improve access to eye care, promote early detection and prevention of eye diseases, raise awareness, empower communities, and ensure continuity of care for individuals in need.

ORGANIZING SECRETARIES

1. Josephine .s
2. E. Michael Lys Pij



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(AUTONOMOUS)
PALAYAMKOTTAI - 627 002



Tirunelveli, Tamil Nadu, India
PR97+4R, Tirunelveli, Melaputhaneri, Tamil Nadu 627351, India
Lat 8.717826°
Long 77.814761°
07/03/24 11:59 AM GMT +05:30



ST. IGNATIUS COLLEGE OF EDUCATION (Autonomous)

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Affiliated to Tamilnadu Teachers Education University, Chennai
Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

in Collaboration with

EYE FOUNDATION EYE HOSPITAL, TIRUNELVELI

Organize

FREE EYE CAMP



7 March 2024
Thursday @ 10:00 AM

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. E. Micheal Jeya Priya
Assistant Professor of Biological Science

**A SKILL TRAINING SESSION ON MAKING OF PAPER DOLL IN THE UBA SERVICE
VILLAGE PARAIKULAM ON 07.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**A SKILL TRAINING SESSION ON MAKING OF PAPER DOLL IN THE UBA SERVICE
VILLAGE PARAIKULAM ON 07.03.2024**

RATIONALE:

Conducting a skill training session on making paper dolls fosters creativity, promotes sustainable practices, and enhances cognitive and motor skills among participants. Paper doll making promotes sustainability by utilizing readily available and environmentally friendly materials, such as recycled paper and non-toxic adhesives, thereby reducing waste and promoting eco-conscious practices. Moreover, engaging in the process of making paper dolls involves fine motor skills, hand-eye coordination, and attention to detail, which are beneficial for cognitive development, particularly in children.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Paper Doll in the UBA service village, Paraikulam, Melaputhaneri panchayat on 07.03.2024, as a part of Citizenship Training Camp. Ms.I.Gracelin and Ms. B.Vijayalakshmi, Prospective Teachers of St. Ignatius College of Education were the resource persons. The training commenced with an introduction to the tools, materials, and techniques involved in paper bag making. Participants were provided with hands-on demonstrations and guided through the process step by step. Throughout the session, participants were encouraged to unleash their creativity and experiment with different designs, outfits, and accessories for their paper dolls. They learned various techniques including drawing, cutting, and assembling to bring their ideas to life.

OUTCOME:

The session fostered an environment of creativity and innovation, encouraging participants to experiment with different colours, patterns, and designs. Participants actively engaged in the practical exercises, demonstrating enthusiasm and eagerness to learn new skills.

ORGANIZING SECRETARIES

1. Josephine .s
2. E. Michael Jeyaraj

Ms. S. Saravathi Pineda
PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
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Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes a Skill Training on

MAKING OF PAPER DOLL



7 March 2024

Thursday @ 1:30 PM

RESOURCE PERSONS

Ms. I. Gracelin & Ms. B. Vijayalakshmi

Prospective Teachers
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. E. Micheal Jeya Priya
Asst. Prof. of Biological Science

**A SKILL TRAINING SESSION ON MAKING OF PICKLE IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 07.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**A SKILL TRAINING SESSION ON MAKING OF PICKLE IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 07.03.2024**

RATIONALE:

Pickle making serves as a means to preserve seasonal fruits and vegetables, allowing individuals to extend the shelf life of perishable produce and minimize food waste. By imparting knowledge on pickling techniques and recipes, the training session empowers participants to harness local ingredients and traditional methods to create flavourful and nutritious pickles and enabling individuals to cultivate a deeper connection with their food and cultural heritage. And offers opportunities for entrepreneurship, as participants can market their homemade products locally or even establish small-scale pickle-making enterprises, thereby contributing to economic empowerment and community development.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Pickle in the UBA service village, Paraikulam, Melaputhaneri panchayat on 07.03.2024, as a part of Citizenship Training Camp. Ms. R.Kalaiselvi and Ms. P.Gilda, Prospective Teachers of St. Ignatius College of Education were the resource persons. The session commenced with an introduction to various pickling techniques and recipes, emphasizing the use of locally sourced fruits and vegetables. Participants were guided through the process of preparing and preserving pickles using traditional methods, including fermentation and brining. Hands-on demonstrations allowed participants to actively engage in the pickle making process, learning essential skills such as ingredient selection, flavour blending, and sterilization methods.

OUTCOME:

The outcome of the session highlighted the value of preserving culinary heritage, promoting self-sufficiency, and stimulating economic empowerment within the community through pickle making. The session provided insights into the economic opportunities associated with pickle making, encouraging participants to consider entrepreneurship ventures in local pickle production.

ORGANIZING SECRETARIES

1. Josephine .s
2. E. Michael Jeyaraj,

PRINCIPAL
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(AUTONOMOUS)
PALAYAMKOTTAI - 627 002



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07/03/24 02:57 PM GMT +05:30



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Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes a Skill Training on

MAKING OF PICKLE



7 March 2024

Thursday @ 2:30 PM

RESOURCE PERSONS

Ms. R.Kalaiselvi & Ms. P.Gilda

Prospective Teachers
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. E. Micheal Jeya Priya
Assistant Professor of Bio. Sci.

**HERBAL SAPLING PLANTATION IN THE UBA SERVICE VILLAGE PARAIKULAM ON
07.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**HERBAL SAPLING PLANTATION IN THE UBA SERVICE VILLAGE PARAIKULAM ON
07.03.2024**

RATIONALE:

Planting herbal saplings contributes to environmental preservation by improving air quality, enriching soil health, and aiding in climate change mitigation through carbon sequestration. These plants play a vital role in promoting biodiversity by providing habitats and sustenance for local wildlife, thereby enhancing ecosystem resilience and stability. Herbal plants offer various medicinal, culinary, and cultural benefits, enriching community health and traditions. By organizing sapling plantation events, communities can actively engage in sustainable practices, raise awareness about the importance of herbal plants, and foster a sense of stewardship towards the environment.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a Herbal Sapling Plantation in the UBA service village, Paraikulam, Melaputhaneri panchayat on 07.03.2024, as a part of Citizenship Training Camp. Prospective Teachers of the college brought actively planted a variety of herbal saplings, including medicinal and aromatic plants, to enhance biodiversity and promote sustainable practices within the community. The event not only provided an opportunity to contribute to environmental preservation but also served as an educational platform, raising awareness about the importance of herbal plants in maintaining ecological balance and supporting local wildlife.

OUTCOME:

the herbal sapling plantation event demonstrated the power of collective action in fostering a healthier, more vibrant environment and strengthening community bonds in the process.

ORGANIZING SECRETARIES

1. Josephine S
2. F. Michael S. Raju

Sr. M. Suresh Priya

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Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes

HERBAL SAPLING PLANTATION

VENUE : Panchayat Union School,
Melaputhaneri Panchayat

THURSDAY **07** AT 3.30 PM

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Mrs. E. Micheal Jeya Priya
Asst. Prof. of Biological Science



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)

Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)

Palayamkottai – 627 002

AN EXPOSURE TO GRAM SABHA MEETING IN MELAPUTHANERI GRAM PANCHAYAT ON 08.03.2024

RATIONALE:

Exposure to Gram Sabha meetings in UBA service village Panchayat fosters democratic participation by providing individuals with a firsthand experience of local self-governance, encouraging them to actively engage in decision-making processes within their communities. Attending these meetings facilitates awareness and education about local governance structures, policies, and development initiatives, empowering individuals to advocate for their needs effectively. And promotes community empowerment by allowing residents to voice their concerns, influence resource allocation, and contribute to prioritizing development projects, promotes transparency in governance.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized an exposure to a Special Gram Sabha Meeting in the UBA service village panchayat, Melaputhaneri on 08.03.2024, as a part of Citizenship Training Camp. Mr. Manoj Kumar, Panchayat President, Mr. Subramani, Secretary, Village Development officers, officers from AD panchayat, Representatives from Self Help Groups, Makkal Nala Paniyalar and village people from the villages in Melaputhaneri Panchayat participated in the meeting. Rev. Sr. Dr. L. Vasanthi Medona, Principal, Rev. Sr. L. Arul Suganthi Agnes, Dr. N. Therasitta Shanthi, and UBA Committee members of St. Ignatius College of Education along with forty prospective students attended the meeting. Mrs. Selvi, a member of gram sabha committee presented the Minutes of Previous meeting, agenda of the current meeting. Rev. Sr. Dr. L. Vasanthi Medona, Principal, and Dr. R. Indra Mary Ezhil Selvi gave women's day speech.

OUTCOME:

Participants exhibited heightened levels of civic engagement, actively contributing to discussions and advocating for community needs and fostered greater awareness of local governance structures and policies, empowering individuals to hold elected representatives accountable and ensure transparency in governance processes.

ORGANIZING SECRETARIES

1. Josephine S
2. R. Indra Mary
3. M. Selvi

Sr. L. Vasanthi Medona

PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002





ST. IGNATIUS COLLEGE OF EDUCATION (Autonomous)
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Affiliated to Tamilnadu Teachers Education University, Chennai
Palayamkottai, Tirunelveli - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes

AN EXPOSURE TO GRAMA SABHA MEETING

08.03.2024 @ 11.00 AM

PLACE: GANDHI NAGAR, PARAIKULAM

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Dr. R. Indra Mary Ezilselvi
COE, Assistant Professor of Psychology
& UBA Member

Mrs. M. Ponmalar
Assistant Professor of Computer Science
& UBA Member



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
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Palayamkottai – 627 002

**RALLY ON THE THEME, "WOMEN SAFETY" IN UBA SERVICE VILLAGE
PARAIKULAM ON 08.03.2024**

RATIONALE:

Organizing a rally on the theme of "Women Safety" in an UBA service village serves as a proactive step towards fostering gender equality and community empowerment. The rally not only raises awareness about the prevalence of gender-based violence and harassment but also empowers community members to actively engage in discussions and actions aimed at improving women's safety. By providing a platform for dialogue among residents, local leaders, and stakeholders, the rally encourages collective efforts to address safety concerns and advocate for policy changes prioritizing women's safety.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized an awareness rally on the theme, "Women Safety" in UBA service village, Paraikulam, Melaputhaneri panchayat on 08.03.2024, as a part of Citizenship Training Camp. Mr. Sankaralinkam, Former Panchayat President, Mr. Subramani, Secretary, Representatives from Self Help Groups, Students from Union School, Melaputhaneri panchayat, village people and UBA committee members and students from St. Ignatius College of Education participated in the rally. The route of the rally covered various locations including Gandhi Nagar, Indra Nagar, the panchayat office, Panchayat Union School, Paraikulam Amman Koil, and ended back at Gandhi Nagar. During the rally, participants chanted slogans on the theme of women's safety, demonstrating their commitment to raise awareness and advocate for women's rights.

OUTCOME:

The awareness rally on "Women Safety" effectively raised awareness about the importance of women's safety, highlighting the prevalence of gender-based violence and the need for collective action to address these issues and the rally served as a platform for policy advocacy, urging local authorities to prioritize women's safety in their agendas and allocate resources for related initiatives.

ORGANIZING SECRETARIES

1. Josephine . S
2. R. Indra Mary
3. M. Jay

Ss. Sr. Vasanthi Medona

PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002





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Affiliated to Tamilnadu Teachers Education University, Chennai
Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes a Rally on the theme

WOMEN SAFETY

VENUE : PARAIKULAM

DATE : 08.03.2024

TIME : 10.00 AM

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Dr. R. Indra Mary Ezilselvi
COE, Asst. Prof. of Psychology
& UBA Member

Mrs. M. Ponmalar
Assistant Professor of Computer Science
& UBA Member

**A SKILL TRAINING SESSION ON MAKING OF PHENOIL IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 08.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**A SKILL TRAINING SESSION ON MAKING OF PHENOIL IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 08.03.2024**

RATIONALE:

Phenoil production empowers individuals to cultivate and utilize locally available plant resources for their oil needs, reducing dependency on commercially processed oils and promoting self-reliance. The training session equips participants with the skills to harness natural ingredients and create high-quality, chemical-free oils tailored to their preferences. Organizing a skill training session on making phenoil aligns with the objectives of promoting self-sufficiency, sustainable living, and holistic health practices, making it a valuable and empowering experience for participants.

REPORT:

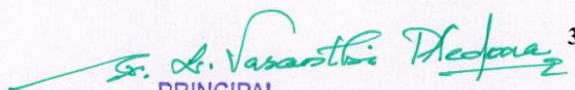
The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Phenoil in the UBA service village, Paraikulam, Melaputhaneri panchayat on 08.03.2024, as a part of Citizenship Training Camp, with the aim of promoting self-sufficiency, sustainable living, and holistic health practices within the community. Ms. J.Abisha Maria Queen and Ms. P.Mari Gomathi, Prospective Teachers of St. Ignatius College of Education were the resource persons. The session began with an introduction to various plant-based oils and their health benefits. Hands-on demonstrations allowed participants to actively engage in the Phenoil -making process, learning essential techniques and safety measures. Additionally, discussions were held on the therapeutic properties of Phenoil and their applications in aromatherapy, skincare, and culinary uses. The session concluded with participants expressing their enthusiasm for incorporating Phenoil into their daily lives and exploring potential entrepreneurship opportunities in Phenoil production.

OUTCOME:

The skill training session on making Phenoil proved to be informative, empowering, and aligned with the community's goals of promoting self-sufficiency, sustainability, and holistic health practices.

ORGANIZING SECRETARIES

1. Josephine .S
2. R. Indra Mary
3. M. A. L.


PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002





ST. IGNATIUS COLLEGE OF EDUCATION (Autonomous)

Accredited with 'A+' Grade by NAAC with 3.42 CGPA (Third Cycle)
Affiliated to Tamilnadu Teachers Education University, Chennai
Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes a Skill Training on

MAKING OF PHENOIL



8 March 2024

Friday @ 12:30 PM

RESOURCE PERSONS

Ms. J.Abisha Maria Queen & Ms. P.Mari Gomathi

Prospective Teachers

St. Ignatius College of Education

Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM

Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM

Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Dr. R. Indra Mary Ezilselvi
COE, Assistant Professor of Psychology
& UBA Member

Mrs. M. Ponmalar
Assistant Professor of Computer Science
& UBA Member

**A SKILL TRAINING SESSION ON MAKING OF SOAP IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 08.03.2024**



ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS)
Accredited by NAAC at A⁺ with CGPA 3.42 (Third Cycle)
Palayamkottai – 627 002

**A SKILL TRAINING SESSION ON MAKING OF SOAP IN THE UBA SERVICE VILLAGE
PARAIKULAM ON 08.03.2024**

RATIONALE:

Conducting a skill training session on making of soap holds significant rationale, particularly in promoting self-sufficiency, sustainability, and personal hygiene within communities. Soap making empowers individuals to create their own cleansing products using locally available ingredients, reducing dependency on commercially produced soaps and promoting self-reliance. By imparting knowledge and techniques for soap formulation and production, the training session equips participants with the skills to craft high-quality, chemical-free soaps tailored to their preferences and needs.

REPORT:

The UBA Committee of St. Ignatius College of Education under the project RRGSA, organized a skill training session on Making of Soap in the UBA service village, Paraikulam, Melaputhaneri panchayat on 08.03.2024, as a part of Citizenship Training Camp. Ms. K.Anjutha and Ms. M.P.Benitta, Prospective Teachers of St. Ignatius College of Education were the resource persons. The session commenced with an introduction to the ingredients, equipment, and techniques involved in soap making, emphasizing the use of natural and locally available materials. Participants were guided through the process of formulating and producing their own soap, learning essential technique, that is melt-and-pour method. Hands-on demonstrations allowed participants to actively engage in the soap-making process, gaining practical skills and insights into creating customized soaps tailored to their preferences.

OUTCOME:

Through hands-on engagement and guided instruction, participants learned various soap-making techniques and gained insights into formulating customized soaps using natural and locally available ingredients. The session sparked interest among participants in creating their own cleansing products, reducing dependency on commercially produced soaps, and embracing sustainable living practices.

ORGANIZING SECRETARIES

1. Josephine S
2. R. Indira Mary
3. M. S. Jay

Sr. M. Saravathi Medappa
PRINCIPAL
ST. IGNATIUS COLLEGE OF EDUCATION
(AUTONOMOUS)
PALAYAMKOTTAI - 627 002





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Palayamkottai - 627 002

UNNAT BHARAT ABHIYAN

Under the Project RRGSA

organizes a Skill Training on

MAKING OF SOAP



8 March 2024
Friday @ 2:30 PM

RESOURCE PERSONS

Ms. K.Anjutha & Ms. M.P.Benitta

Prospective Teachers
St. Ignatius College of Education
Palayamkottai

Organizing Committee

Rev. Sr. A. Gemma, ICM
Secretary

Rev. Sr. Dr. L. Vasanthi Medona, ICM
Principal

Dr. S. Josephine
Director of Physical Education
& UBA Coordinator

Dr. R. Indra Mary Ezilselvi
COE, Assistant Professor of Psychology
& UBA Member

Mrs. M. Ponmalar
Assistant Professor of Computer Science
& UBA Member